Youngsters

General information

- For all gymnasts up to and including the age of 12 (gymnast will not turn 13 this year)
- Scoring will be according to the valid FIG Junior Code, with various simplifications
- The apparatus (vaulting table, uneven bars, balance beam and floor) according to the valid FIG standards
- Difficulty values above B (from code FIG) are not recognized.
- At least 5 elements must be performed (4 elements + dismount)

For too short exercises with fewer than 5 elements, the following points will be deducted from the final score as neutral point :

Number of elements:	**Deduction:**
5 or more	0.00 pts.
4 or 3	2.00 pts.
2 or 1	4.00 pts.

Vault

Height of the vaulting table 1.25 m
Jumping with the 'booster' or 1-2 springboards or trampoline.
The gymnasts can perform 1 vault
If the jump is 0, it may be repeated with a deduction of 1.0 point

Uneven bars

The 7 most difficult elements plus dismount count.
Additional A-elements: «Baby-Giant» (Giant upswing stretched)
1½ swings on the upper bar (forward swing, back swing, pre-swing) e.g. before Kip or Baby-giant)
For transition from lower bar to upper bar, without element = no deduction of 0.50 points.
Only 2 freely chosen composition requirements (CR) count.
These can be selected on uneven bars from the 6 CR. Each CR has a value of 0.50 points (max. 1.00 point).

6 possible CRs:

- flight from lower bar to upper bar
- flight from upper to lower bar
- flight on the same bar
- 2 different grips
- element with ½ handstand-turn without release
- element close to bar

Beam

The 7 most difficult elements (gymnastics or acrobatics) plus dismount count.
2 freely chosen composition requirements (CR) according to code FIG count. Each is worth 0.50 points (max. 1.00 point).
Round-off or handspring also count as a dismount (value: A element, 0.1 point).

Floor

The 7 most difficult elements (gymnastics or acrobatics) plus dismount count.
2 freely chosen composition requirements (CR) according to code FIG count. Each is worth 0.50 points (max. 1.00 point)
Round off - Flick-Flack backwards, also counts as acro backwards
Handspring to 1 leg directly into handspring to 2 legs OR handspring to two legs directly to flick forwards OR handspring-round off OR forward somersault run-up (two-legged jump) count as forward acrobatic lines

If 2 different acrobatic lines (forward/backward) are not shown, there is no dismount:

deduction of 0.50 pts. / and only 7 elements count

Open

General information

- For all P2 gymnasts. Open to all gymnasts of all ages.
- Scoring will be according to the valid FIG Junior Code, with various simplifications
- The apparatus (vaulting table, uneven bars, balance beam and floor) according to the valid FIG standards

- At least 5 elements must be performed (4 elements + dismount)

For too short exercises with fewer than 5 elements, the following points will be deducted from the final score as neutral point :

Number of elements:	**Deduction:**
5 or more	0.00 pts.
4 or 3	2.00 pts.
2 or 1	4.00 pts.

Vault

The gymnasts can perform 2 vaults if they are different.
Only jumps with a maximum D value of 2.80 points will be recognised.
It's the higher scoring vault that counts.
If 2 identical jumps are shown, the 1st jump counts.
Board or booster allowed (without deduction).

Uneven bars

The 7 most difficult elements plus dismount count.
2 freely chosen composition requirements (CR) count.
These can be selected on uneven bars from the 6 CR below. Each CR has a value of 0.50 points (max. 1.00 point).

6 possible CRs:

- flight from lower bar to upper bar
- flight from upper to lower bar
- flight on the same bar
- 2 different grips
- element with ½ handstand-turn without release
- element close to bar

Beam

The 7 most difficult elements (gymnastics or acrobatics) plus dismount count.
2 freely chosen composition requirements (CR) according to code FIG count. Each is worth 0.50 points (max. 1.00 point).

Floor

The 7 most difficult elements (gymnastics or acrobatics) plus dismount count.
2 freely chosen composition requirements (CR) according to code FIG count. Each is worth 0.50 points (max. 1.00 point).
A forward acro series also includes a forward running somersault (two-legged jump).

If no somersault is shown then there is no dismount:
deduction of 0.50 pts. / and only 7 elements count

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